

## Frequently Asked Questions – Allogeneic Transplant

### Allogeneic Transplant Guidelines

Please keep in mind that these are only MINIMUM guidelines and your situation may be different. Your physician will discuss the guidelines in detail at the time you are discharged from the clinic.

Frequently Asked Questions	Time After Allogeneic Transplant			
	All Patients <6 months	Receiving Immuno- suppression 6 – 12 months	Receiving Immuno- suppression > 12 months	Not receiving Immuno- suppression >6 months
Work at an office	No	No	Review with MD	Yes
Hot Tub (no IV line)	No	No	No	Yes
Swimming (no IV line)	No	No	No	Yes
Gardening	No	No	No	Yes
Indoor Plants (not handling)	Yes	Yes	Yes	Yes
Mowing the Lawn/Raking Leaves	No	No	No	Yes
Carpentry work	No	No	No	Yes
Occasional woodworking (sawdust)	No	No	No	Yes
Household cleaning (vacuuming, dusting)	No	No	No	Yes
	<b>Animals (not handling feces, cleaning utensils, cages)</b>			
New pets	No	No	No	Yes
Cats/dogs (not sleeping with pets)	Yes	Yes	Yes	Yes
Canaries, parakeets (patient without respiratory problems)	No	No	No	Yes
Pigeons	No	No	No	Yes
Small cage pets (gerbils, rabbits: do not handle)	No	Yes	Yes	Yes
Reptiles	No	No	No	Yes
Working with Livestock/ Horses (exposure to barns)	No	No	No	Yes
Golfing (sun protection required; no venous catheter)	No	Yes	Yes	Yes
Public Indoor Spaces (i.e Shopping Malls, Grocery Store, Gas Station Stores, Movie Theatres, Restaurants, Banks, Government Buildings, Home Depot and Retail Stores)	No	No	Review with MD	Yes
Airline travel	No	No	Review with MD	Review with MD

## Frequently Asked Questions – Allogeneic Transplant

Frequently Asked Questions	Time After Allogeneic Transplant			
Spectator Events (church, movies, sporting events, games, state fairs, amusement parks; no hand shaking or direct contact)	No	No	Review with MD	Yes
Sexual activity (refer to Section 3, a Patient Guide in your Patient Education Notebook)	Yes	Yes	Yes	Yes
Fireplace (wood)	No	Yes	Yes	Yes
Drink alcohol	No	No	No	Yes
Exposure to adults or children with viral infection (cold, influenza/Flu, etc..)	During first year or while on immunosuppressive agents, recommend that patient be quarantined from infected person until viral infection has completely resolved and person has received clearance from their personal physician or pediatrician (minimum time of 3 weeks).			
Travel outside of Atlanta area by car	May ask MD after 100 days post BMT. Dependent on discharge from clinic, current medications and patient status			
Operate car or other motorized vehicles	<p>May ask MD after 100 days post BMT. Dependent on discharge from clinic, current medications and patient status. Not permitted to drive at any time if taking narcotics, sedatives, Ativan®, or Benadryl®.</p> <p>Regardless of time period, not permitted to drive to and from clinic/hospital on the day of a procedure (i.e. bone marrow aspirate biopsy, blood transfusion, colonoscopy/endoscopy, surgical procedure, bone marrow harvest, intravenous chemotherapy) if procedure or treatment includes administration of narcotics, sedatives or Benadryl®.</p>			
Still need 24/7 caregiver?	May ask MD after 100 days post BMT. Dependent on discharge from clinic, current medications and patient status			